



ARA Protocol for Therapeutic Use Exemptions - Administration Process

- Overall responsibility for the administration of the GB Rowing Anti-Doping Programme including Therapeutic Use Exemption lies with Jo Bates.
- Administration of Therapeutic Use Exemption will be carried out by Jenny Close.

Rowers in the International and National Testing Pool

- 1. International Testing Pool – Rowers falling into the FISA category: Olympic class medallists and Non-Olympic class gold medallists in 2 previous World Championships/Olympics**
- 2. National Testing Pool – Other Senior National squad rowers nominated by the International Manager.**

1. It is the rower's responsibility to ensure they have a TUE signed by the rower and doctor and to ensure that a copy of this has been received by the ARA International Office. The rower is **not** authorised to take the prescribed medication until this confirmation has been received.
2. TUE form to be completed by GB Rowing Squad/EIS/OMI doctor and sent/faxed to the ARA International Office.
3. ARA International Office will send a copy of the TUE form to FISA.
4. FISA will email the ARA International Office upon approval of the TUE.
5. ARA International Office will email the rower and their squad doctor reporting that the TUE has been approved and stating the expiry date of the TUE.
6. The rower is required to carry a copy of their TUE form to produce if required when tested.
7. ARA International Office will hold a copy of the confirmation email from FISA and a copy of the TUE application. This does not absolve the rower from the responsibility for their TUE.
8. ARA International Office will keep an electronic list of International TUE forms received.

Rowers in the Domestic Testing Pool

- (Senior/U23 rowers invited to Register but not nominated by the International Manager to the National Pool)
(Juniors aged 16 or over attending GB Junior Spring/Final Trials)
(Other Categories which may be assigned by the International Manager for specific events)**

1. It is the rower's responsibility to ensure they have a TUE signed by the rower and doctor before they take any medication that requires one, and to ensure that a copy of this has been received by the ARA International Office. The rower is **not** authorised to take the prescribed medication until this confirmation has been received.
2. TUE form to be completed by GP/other doctor (NB: This may be the GB Rowing Squad Doctor)
3. TUE form to be sent to ARA International Office by the rower.
4. ARA International Office will send a copy of the TUE form to FISA.
5. FISA will email the ARA International Office upon approval of the TUE.
6. ARA International Office will email the rower reporting that the TUE has been approved and stating the expiry date of the TUE.
7. The rower is required to carry a copy of their TUE form to produce if required when tested.
8. ARA International Office will hold a copy of the confirmation email from FISA and a copy of the TUE. This does not absolve the rower from the responsibility for their TUE.
9. ARA International Office will keep an electronic list of International TUE forms received.

Rowers not in a Testing Pool

1. Club rowers who are not in either of the above groups must be able to show that any prohibited substance present in their sample was prescribed for them by their GP or another qualified physician, if they are tested at an English regatta as part of the ARA's Anti-Doping programme. At the time of giving a sample they must declare details of any medication taken in the preceding seven days on the Sample Collection Form, and must make a retrospective TUE application to UK Sport so that it is received by UK Sport no later than 14 working days after the test.
2. If these rowers wish to compete abroad at FISA regattas and are prescribed a substance which is on the banned list but is permitted for therapeutic purposes they must apply, in advance, for a TUE through UK Sport. This does not include Masters' Regattas overseas which do not require TUEs.