



Template code of conduct for coaches

All ARA coaches should adhere to the sports coach UK coaching code of conduct. This provides detailed guidance around how coaches should behave and ways in which good coaching practice should take account of:

Rights

Coaches must respect and champion the rights of every individual to participate in sport.

Relationships

Coaches must develop a relationship with athletes (and others) based on openness, honesty, mutual trust and respect.

Responsibilities – personal standards

Coaches must demonstrate proper personal behaviour and conduct at all times.

Responsibilities – professional standards

- To maximise benefits and minimise the risks to athletes, coaches must attain a high level of competence through qualifications and a commitment to ongoing training that ensures safe and correct practice.
- When undertaking an ARA coaching course, coaches will receive a copy of the code of conduct and are required to follow these principles in their good practice.